

# Happy, Healthy, RADIANT!

Here are a few things Radiant Counseling wants to make you aware of:

1. We encourage you to reach out to your insurance provider and ask them any or all of the following questions:
  - a. Do I have a deductible? If so, how much is it?
  - b. Is there an out of pocket maximum?
  - c. How many therapy sessions are covered by my plan?
  - d. What is my co-payment?
  - e. What information is needed from the therapist?
2. We will require payment in full until your deductible is met but can provide a “super bill” (a receipt of sorts) for your insurance company to help you work toward meeting your deductible.
3. We accept Health Savings and Flexible Spending accounts to pay for therapy using pre-tax dollars and encourage you to speak with your tax specialist to see if you can deduct therapy expenses from your taxes as an out-of-pocket health expense.
4. As always, please do not hesitate to reach out to us should you have any questions or concerns!!